

# THINKING ABOUT RETIRING? A NEW, ENCORE CAREER? FACING A MAJOR LIFE CHANGE?

Put the pieces of your new life plan together  
at an Engaged Retirement Workshop

**February 13—March 13**






**9:30—11:30 am**

*At Suzanne Patterson Building - behind Princeton Borough Hall*



**Are you or someone you know looking for direction in the next stage of your life?  
Are you thinking about making a major career change or planning for retirement?  
You may have your financial plans worked out, but what about your plans for this  
dramatic change in your life style?**

**This five session program from the Princeton Senior Resource Center  
will help you explore your options for the "3rd Age" of your life.  
Led by Carol King, Certified Retirement Coach.**

-  **Session 1:** Exploring your attitudes and feelings about work, managing transitions, retirement and aging.
-  **Session 2:** Self discovery: exploring your passions and purpose, strengths, gifts, talents, assets and experiences.
-  **Session 3:** Possibilities: How do you spend your time vs. how would you like to spend your time?
-  **Session 4:** Turning dreams into goals; developing an action plan to achieve those goals.
-  **Session 5:** Putting all the pieces together and wrapping it all up.

**Cost** for all four sessions is \$95 individual, \$160 couple. Course materials are included.

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CLASS REGISTRATION for ENGAGED RETIREMENT WORKSHOP

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Check enclosed: Check # \_\_\_\_\_

OR: Please charge my Credit Card: \_\_\_\_\_ Visa \_\_\_\_\_ Master Card Account # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

Mail or bring this form and payment to:  
Princeton Senior Resource Center  
45 Stockton St, Princeton, NJ 08540



**Princeton Senior Resource Center**  
THE GO TO PLACE FOR SENIORS

[www.PrincetonSenior.org](http://www.PrincetonSenior.org)  
609-924-7108