You’re invited…

to

Princeton Senior Resource Center’s
Annual Holiday Party

Wednesday, December 9th
1:00 - 3:30 p.m.

Come enjoy the fun, food, music, and merry-making!
Tickets are just $5.00 per person, and include
a fabulous meal from the chef at Acorn Glen,
and music with the Princeton Boy Choir!
Transportation will be available from
Spruce Circle, Redding Circle, Holly House, Elm Court and
Harriet Bryan House, for those who reserve by December 1.
Tickets are available at the Suzanne Patterson Building,
Spruce Circle and Elm Court.
Please call 609. 924. 7108 to make a reservation.

ThAnK you!

A very special student art exhibit
for the holidays!

Kindergarteners from the Riverside Elementary School
in Princeton will honor their GrandPals with works of art
on display at PSRC from December 1—18.
Stop in and have a look!

Notice:

For the next year, parking is available at Morven
ONLY on Monday and Tuesdays,
and ONLY in the last three rows.
We are trying to find additional parking
and will keep you advised.

Thanks for helping us respect our neighbors!
At this time of thanks giving, we want to express how grateful we at PSRC are for YOU! You are the reason we are here. You share your ideas, talents and support of each other. You are our participants, instructors, volunteers, partners, sponsors, and donors! Your friendship, support and participation are our raison d’etre.

We’d like to thank:

♦ Individual donors --Your support provided 14% of our operating budget in 2014-15. This goes directly into supporting the programs and services you love.

♦ Foundations provided 11% of our support. We received grants last year from Bloomberg, Nordson Corporation, Bristol Myers Squibb, PNC Foundation, Curtis W. McGraw Foundation, David Mathey Foundation, J. Seward Johnson, Sr. Charitable 1963 Trust, Otsuka America Pharmaceutical, Fred C. Rummell Foundation, AARP, Gordon & Llura Gund Foundation, Horizon Foundation of NJ, Allergan Foundation, Janssen Pharmaceutical.

♦ Sponsors and attendees at events provided 32% of the budget. We hope you enjoyed our 40th Anniversary and Family & Community Galas, our Fall Conferences, Brunch at Home and the June BBQ. For a full list of sponsors, please see p.9 or go to our website princetonsenior.org.

♦ Contracts with the Municipality of Princeton and Princeton Housing Authority provide 20% of the budget as well as the buildings where we provide many of our programs.

♦ Program revenue adds another 13% toward the cost of program materials, staff and instructors.

♦ The rest (10%) is derived from an assortment of sources including McCaffrey’s (thanks to your receipts), building rentals, and interest.

Where it goes:

70% of the operating budget supports staff compensation. PSRC is a non-profit multi-service organization which provides services that require a high level of personal interaction. We provide our own compensation and benefits to employees. The remainder supports instructors, infrastructure (database, website, computers), supplies, bulletin mailings, insurance, event expenses and other business costs.

PSRC could not be what it is without our fabulous volunteers and partners. Evergreen Forum classes and many of our groups are facilitated by skilled volunteers. Others help in the office, computer lab and with events as well as on the board. We had a fascinating array of special speakers this year giving their time and expertise. You are often the source of new program ideas. Professionals from dozens of local businesses present at the Health Fair, Lunch and Learn programs and the annual Fall Conference. Collaborations with more than 30 organizations have enabled us to expand programming into new spaces and investigate new topics, or they’ve offered refreshments. For a list of our community partners, please see page 10 or visit our website: www.princetonsenior.org.

Each individual contribution may not seem like much, but look what we can do together! We have made PSRC a dynamic organization, the go-to place where older adults and families find support, guidance, educational and social programs to help navigate life transitions and continue to be active, healthy and engaged in the community.

Your support made possible:

• 1300 people attending weekly programs
• 60 older adults or families receiving weekly support and assistance
• 50 Evergreen Forum lifelong learning classes
• 20 computer classes
• 16 ongoing support and social groups
• 110 GrandPals reading to young students
• 20 HomeFriend volunteers helping home-based older adults
• 30 educational programs on health, wellness and other topics
• Special speakers on a range of topics
• New programs on healthcare decision making, brain health, retirement.

Everywhere we turn people are helping others, making connections, learning new things, keeping fit and having fun.

We are so grateful for all that you give. Thank you.

Susan W. Hoskins, LCSW
Executive Director

DIRECTOR’S MESSAGE ~ GRATITUDE
DECEMBER PROGRAM HIGHLIGHTS

FIRST FRIDAY FILM
Friday, December 4 at 1:00 p.m.
“From Mao to Mozart” In 1979, Ukrainian-American violinist Isaac Stern made an unprecedented tour of China, the first such tour by a Western musician in a country still reeling from the effects of the Cultural Revolution. On hand to document the historic event was filmmaker Murray Lerner, who gathered footage of Stern’s encounters with both traditional Chinese musicians and conservatory students versed in Brahms and Mozart — encounters that, only a few years prior, would have been politically controversial. (1 hour 54 minutes)

WINDOWS 10 CLASS
Monday, December 7 at 1:30 p.m.
Learn how to download it, review new features and see how it differs from Windows 7 and 8. Instructor: Barbara Lundy. No fee; donations are always welcome. Please call to reserve a space: 609.924.7108.

PSRC’S HOLIDAY PARTY
Wednesday, December 9, 1:00 to 3:30 p.m.
Join us for fantastic food and friendship, and for the music—the Princeton Boy Choir will bring their magic again this year! Some transportation is available; for information, tickets and reservations please call 609.924.7108.

“OLD MASTERS” EXHIBIT
PSRC’s Art with Hannah artists
AT THOMAS SWEET IN SKILLMAN
December 1 - 31st
OPENING RECEPTION FOR THE ARTISTS
Thursday, December 10th, 4:00 TO 6:00 P.M.

Works by Carol Barkann, Ji Fang Cao, Roslyn Dayan, Gunilla Knutson, Carol Marsland, Judy Miller, Carla Olsen, Naomi Reich, Carol Schonfeld, and Joan Widner will be on view the whole month of December.
All are welcome!

GET YOUR HOLIDAY ON!
A DAY OF BEAUTY AT PSRC
Wednesday, December 16 at 10:30 a.m.

HOLIDAY MAKEOVERS
with Laura Guberer, a trained aesthetician with 20 years experience with leading cosmetics and fragrance firms.

LACE SILHOUETTES
Lingerie Fittings
The popular Palmer Square Boutique will help pull together the best holiday looks with proper and discreet undergarment fittings and recommendations.

ORIGINS®
also of Palmer Square, will be on site to give mini-facials and describe skincare regimens for different skin types

GREAT LOOKS HAIR
Complimentary on-the-spot styling by professionals from Great Looks Hair, Mercerville!
NO FEE

Light refreshments will be served; please call 609.924.7108 to make a reservation.

TRANSPORTATION

CROSSTOWN
Door-to-door car service within Princeton for people over 65 who don’t drive. Call 609.252.2362 to sign up for the first time and 609.452.5144 to schedule a ride. $3 each way; free to UMCP (the hospital). Call as early as possible to reserve your ride.

DAYTIME FREE- B BUS
The Free-B bus runs a daytime 70-minute loop around town, 9:30 a.m. - 4:30 p.m., Monday through Saturday.

For a map of Princeton public transit lines, go to: http://www.princetonnj.gov/public-transportation.html
DECEMBER PROGRAMS

TED TALKS
Tuesdays, 10:30 - 11:45 a.m.
Drop in for a lively discussion!
For the first 15 minutes we watch a TED Talk, then we discuss it.
Discussions are facilitated by Helen Burton. No fee.

This month’s topics:
December 1 ~ Robin Morgan: 4 powerful poems about Parkinson’s and growing older
(Recommended by Susan M. Friedman, PSRC)
December 8 ~ Michael Green: How we can make the world a better place by 2030
December 15 ~ Siddhartha Mukherjee: Soon we’ll cure diseases with a cell, not a pill
December 29 ~ Margaret Heffernan: Dare to disagree
For more background, visit www.TED.com.

LUNCH AND LEARN
Friday, December 11 at 12 noon
“It COULD BE POISON” with Barbara Vaning, MHA, EMT Instructor and Coordinator of Princeton HealthCare System’s Community Education and Outreach Program.
Every year, between 2 and 4 million poisonings occur in the United States, according to the New Jersey Poison Control Center. Unintentional poisoning can be caused by over-the-counter, prescribed or illegally obtained pain medications and sedatives; antidepressants and other medications prescribed for various health conditions; drug and alcohol interactions; and even household cleaning products. Join us to learn more about:
• Identifying poisons;
• How poisons can enter the body;
• Dos and don’ts of using medications and household cleaners;
• What to do if you suspect poisoning.

LUNCH AND LEARN
Friday, December 18 at 12:00 noon
“PLANNING YOUR FUNERAL” with Laurie Powsner of the Funeral Consumers Alliance (a not-for-profit, all volunteer organization).
One of the best gifts a person can give his or her loved ones is to make funeral plans before they’re needed. When faced with planning a funeral, few people do the research and comparison shopping they would do for any other expensive purchase. Entering a funeral home emotionally drained, with time urgency and insufficient knowledge of your options and rights leaves you vulnerable and less able to make practical decisions.

Don’t be scared! Talking about sex doesn’t make you pregnant and talking about funerals won’t make you dead. Join us for this informative and fun presentation. You’ll learn about your options, how to choose a funeral home, your legal rights and how to save money.

Our Lunch and Learn programs are always free. Bring a brown bag lunch; dessert and beverage will be provided. Please call to reserve a space. 609.924.7108.

iPad Classes

INTRO TO iPAD
Thursday, December 3, 10:00 a.m. to 12 noon
Bring your iPad and learn how to use it!
Handouts will be provided for you to take with you.
Instructor: Barbara Essig.

MORE ABOUT iPAD
Thursday, December 10, 10:00 a.m. to 12 noon
Get really comfortable with your iPad!
Handouts will be provided for you to take with you.
Instructor: Barbara Essig.

Both classes are held in the Suzanne Patterson Building. There is no fee; donations are always welcome. Please call to register: 609.924.7108.

EVERGREEN DATES
December 17 - Course descriptions on the website
December 22 - Spring brochure mailed
January 5 - Registration begins
February 1 - Lottery for over-subscribed courses
February 29 - Classes begin

Please call to register or reserve a space for any class, program and/or event offered at PSRC609.924.7108. We ask for pre-registration so we can plan room set-ups or contact you in the event a program is cancelled.
## RETIREMENT PROGRAMS

### MEN IN RETIREMENT
Friday, December 4 at 2:00 p.m.

Come and meet other men who are making or have made the transition into retirement. For information call 924-7108. Group is facilitated by Rob Hegstrom and Bruce Wallman. No fee. *Monument Hall Main*

### WOMEN IN RETIREMENT
Friday, December 18 at 10:30 a.m.

Meet interesting people, make new friendships, enjoy conversation, share experiences and join in engaging activities that stimulate personal growth. Group meets on the third Friday of every month. No fee.

### TRANSITION TO RETIREMENT
Friday, December 18 at 3:00 p.m.

This monthly group deals with issues related to making the adjustment to retirement. All are welcome. The group is facilitated by Dr. John George, Licensed Psychologist. No fee.

## EXERCISE AND FITNESS

### SUZANNE PATTERSON BUILDING

- **Early Bird Aerobics**: Every weekday morning at 8:00 a.m. 40 minutes of cardio & toning. $55/month, or $5 daily drop-in rate.

- **Aerobics**: Monday, Wednesday, Friday at 9:15 a.m. $47/session/residents; $93/non-residents. Register through Princeton Recreation Department: 609.921.9480.

- **Yoga**: Thursdays at 10:00 a.m. $72/residents, $96/non-residents per quarter.

- **Table Tennis**: Monday, Wednesday, Friday at 10:30 a.m. Drop-in; no charge.

### SPRUCE CIRCLE

- **Chair Exercise**: Mondays at 11:30 a.m., Fridays at 12:00 noon. $48 per quarter.

## CLASSES

### SUZANNE PATTERSON BUILDING

- **Drawing with Pencil**: Mondays at 10:30 a.m. $72 residents, $96/non-residents per quarter.

- **Word Play (poetry group)**: Mondays at 1:30 p.m. $5/quarter for copying costs.

- **Memoir Writing I**: Mondays at 10:30 a.m. $5.00 per quarter for copying costs.

- **Memoir Writing**: Wednesdays at 3:30 p.m. $5/quarter for copying costs.

- **Painting with Christina**: Wednesdays at 1:30 p.m. $72/residents, $96/non-residents per quarter.

- **Art with Hannah**: Thursdays at 1:00 p.m. $72/residents, $96/non-residents per quarter.

- **Cosmology**: Thursdays at 9:45 a.m. $5/quarter. Peer-led science discussion group. Contact Bruce Wallman for info: Brucewallman@gmail.com.

## GAMES

### SUZANNE PATTERSON BUILDING

- **Social Bridge**: Tuesdays. 1:00 - 4:00 p.m. Free.

- **Mah Jongg**: Tuesdays. 1:00 - 4:00 p.m. Drop-in. Free. BYO cards & set.

- **Scrabble**: Tuesdays at 12:00 Free.

For the following bridge events please register with Bill Miller 908.872.7927 or billsbridge@gmail.com

- **Duplicate Bridge** Thursdays at 12:30 p.m.

- **Bridge Lessons** Intermediate Bridge Lessons Wednesdays at 5:30 p.m. Please contact Bill to sign up.
**DID YOU KNOW...**

**ABOUT CREDIT SCORE OFFERS**

Have you received email offers for a free credit score? This could be a scam to get your personal information. A good alert is if you are asked for a credit card number.

You should be checking your credit history report annually by going to annualcreditreport.com. This would enable you to review any activity that could reveal fraud. To be thorough, check all three companies.

If you want to know your credit score because you want to ask for credit, go to your bank, credit card provider, or a reliable website such as bankrate.com.

It is also a good practice to seek out your own information, rather than responding to an offer coming to you unsolicited. When you search for a site, make sure when you find it that the URL (address at the top) is the address you are seeking. For example, make sure it says pncbank.com rather than joescreditsservice.lie when you land on the site!

---

**COMPUTER GURU ~ Don Benjamin**

**WINDOWS 10**

Several PSRC computer lab visitors have asked us about Windows 10. “Should I upgrade?” “Should I wait until the “bugs” are worked out?” “Will it change how my computer works?” The short answers are “yes,” “no,” and “somewhat, but mostly for the better.”

A bit of background: A few years ago, Microsoft developed Windows 8 and 8.1 to work on tablets with touch screens and computers with traditional mouse pointers. The result was a new “start screen” with large icons for tablets and the traditional desktop screen for computers. The Start button’s traditional functionality was replaced by a list of system commands and settings. However, many users found themselves on the wrong screen. Windows 10 solved this by returning the Start button to its previous function, and by being aware if you’re using a tablet or traditional computer, thus taming its frustrating “dual” personality.

**SHOULD I UPGRADE?**

Yes. If you use Windows 7, you’ll find Windows 10 similar. Even though the Start button menu looks different, it’s not difficult to navigate. Besides, if you keep your most-used program icons on the task bar at the bottom of the screen (which I do), you seldom need to refer to the Start menu.

If you use Windows 8 or 8.1, Windows 10 will provide welcome relief by staying on the traditional desktop where you want to be.

More good news: Windows 10 updates occur automatically when your computer isn’t being used so you won’t be interrupted while you’re doing your work. Nice.

**SHOULD I WAIT UNTIL THEY WORK OUT THE “BUGS”?**

No. Microsoft (as well as Apple) now sends preliminary (“beta”) versions of their software to millions of volunteers many months before its released to the general public. Windows 10 has proven to be very reliable.

**WILL IT CHANGE HOW MY COMPUTER WORKS?**

Your programs, like Microsoft Office, will work as they always have. Some of the Windows operating system settings menus are different (though the control panel is still available). Windows 10 also uses a new browser called “Edge” that many folks (including me) don’t care for. But Internet Explorer is still available (it’s still an industry standard). On the other hand, finding files—or just about anything on the Internet—is a cinch with the Windows 10 new search tab on the bottom of the screen. Or you can ask Cortana (Microsoft’s answer to Apple’s Siri) to find stuff for you.

**PSRC CLASS ON WINDOWS 10**

We’ve upgraded two PC’s in the PSRC computer lab to Windows 10, and will be glad to help you do the same on your laptop. And, we’re holding a Windows 10 class on December 7th. Call 609.924.7108 to sign up.
LETS TALK ENGLISH
Mondays at Spruce Circle at 1:00 p.m. and
Fridays at Redding Circle at 9:30 a.m.

LET’S TALK
Wednesdays at 2:45 p.m.
Spruce Circle
Please call 609.252.2362 to register
for Let’s Talk groups

WIDOW SUPPORT
Thursday, December 3 and Thursday, December 17
at 11:30 a.m. (First and third Thursdays of each
month.) Please call 609.252.2362 to register for
Widow’s Group. Princeton Public Library

MEN IN RETIREMENT
Friday, December 4 at 2:00 p.m. (First Friday
of each month.) Monument Hall

CAREGIVERS
Monday, December 14 at 1:30 p.m. (Usually
second Monday of each month.)
Corner House 19

CHILDREN OF AGING PARENTS
Wednesday, December 9 at 4:30 p.m. (Second
Wednesday of each month.)
Suzanne Patterson Building

BEREAVEMENT
Monday, December 21 at 1:00 p.m. (Third Mon-
day of each month.) Call Sherri Goldstein
609.497.4900 to attend. Corner House ~ 19

GRANDPARENTING
Tuesday, December 15 at 1:00 p.m. (Third Tuesday
of each month.) Suzanne Patterson Building

WOMEN IN RETIREMENT
Friday, December 18 at 10:30 a.m. (Third Friday
of each month.) Suzanne Patterson Building

TRANSITION TO RETIREMENT
Friday, December 18 at 3:00 p.m. (Third Friday
of each month.) Suzanne Patterson Building

KNIT WITS
Fridays at 1:00 p.m. Drop-in for knitting and
conversation. Spruce Circle

There are no fees associated with any of these groups.

PSRC is your go-to place to find resources for all
kinds of information. If you need help finding a
service, reviewing options, or making a plan, our
care coordinators can help you. Whether it’s a
single question we can answer in a phone call, or
ongoing support, we will partner with you and
your family to help you find what you need to
meet the goals you set.

Information and Referrals
Counseling and Consultations
Benefit Application Assistance
Caregiver Resources and Support
Support & Wellness Groups
Transitions - support with the inevitable
transitions throughout the life span
Volunteer Visitors

Please feel free to call for more information:
609.924.7108 or 609.252.2362.

QUICK REFERENCE GUIDE
TO AREA RESOURCES
Access Princeton: 609.924.4141
Arts Council of Princeton: 609.924.8777
Community Without Walls: 609.921.2050
Cornerstone Community Kitchen: 609.924.2613
Crisis Ministry: 609.921.2135
Funeral Consumers Alliance: 609.924.3320
Mercer County Legal Services: 609.695.6249
Mercer County Nutrition Program: 609.921.1104
Mercer County Office on Aging: 609.989.6661
or 877.222.3737
NJ Consumer Affairs: 973.504.6200
NJ Health & Senior Services: 800.792.8820
One Table Café: 609.924.2277
PAAD: 800.792.9745
Princeton Human Services: 609.688.2055
Princeton Police (non-emergency): 609.921.2100
Princeton Public Library: 609.924.9529
Reassurance Contact: 609.883.2880
Ride Provide: 609.452.5144
Senior Care Ministry: 609.921.8888
Senior Citizen Club: 609.921.0973
Social Security: 800.772.1213
State Health Insurance Program: 609.924.2098
Sustainable Princeton: 609.454.4757
HOLIDAY POPS!
Saturday, December 19th at 4:00 p.m.

The spirit of the season comes alive with the beautiful tradition of our holiday concert with the Princeton High School Choir, musicians from the Trenton Music School, and a joyous carol sing along! Purchase your tickets early because this special concert sells out every year!

Get a $5.00 discount by calling the PSO office at 609.497.0020 and mentioning Princeton Senior Resource Center.
Information can be found at princetonsymphony.org.

COMMUNITY ARTS PARTNERSHIPS

We are very pleased to welcome A NEW COMMUNITY PARTNERSHIP!

&

PRINCETON GARDEN THEATRE

Princeton Garden Theatre
Films and Simulcasts at the Garden Theatre
Princeton Garden Theatre

Mention "Princeton Senior Resource Center" to receive the Member Discount. ($6 Admission to Main Films or reduced admission to Special Events)

UPCOMING SPECIAL EVENTS:

IT'S A WONDERFUL LIFE
Thursday, December 10 at 7:30 p.m.
National Theatre Live:
JANE EYRE
Sunday, December 13 at 12:30 p.m.

FAMILY EVENTS SERIES
Take the Grandkids! Discount applies!
Every Saturday morning at 10:30 a.m.

Call 269.279.1999 with questions or, for tickets and more information visit PrincetonGardenTheatre.org

SPECIAL $50 OFFER!* Celebrate McCarter’s critically-acclaimed production of A Christmas Carol before we welcome a reimagined version in 2016. Now’s the time—don’t miss this chance to embrace the magic of the holiday season and bring your family to join Ebenezer Scrooge on his transformative journey as he discovers the true meaning of Christmas. Mention PSRC when you call 609.258.9652 to relive the magic!

Also, there are three plays left in the DRIVEN TO EXCELLENCE SERIES
August Wilson’s THE PIANO LESSON Wednesday, February 3, 2016
Agatha Christie’s THE MOUSETRAP Thursday, March 24, 2016
Sharyn Rothstein’s ALL THE DAYS Wednesday, May 25, 2016

Call 609.258.2787 for tickets and information.
*restrictions may apply
THANK YOU!

ANNUAL SPONSORS
Acorn Glen
Atrium at Princeton
Bear Creek Assisted Living
Buckingham Place Adult Day Care & Home
LIFE St. Francis
Memory Care Living
Oasis Senior Advisors
Progression Physical Therapy

IN-KIND DONATIONS
Anna Lustenberg
Arlene and Henry Opatut
AW Martin, Inc.
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CG Gallery, LTD
Chauncey Conference Center
Chez Alice
Christina Stadelmeier
Conte’s
Dahlia Florals
David and Claire Jacobus
Donald Benjamin
Dunkin Donuts
Enzo’s La Piccola Cucina
Garden State Discovery Museum
Gelavino Gelato
Gennaro’s
George Street Theater
George’s Roasters
Golden Blossom Honey
Greenwood House
Gretalia Hospitality Group
Grounds for Sculpture
Halo Farm
Hamilton Jewelers
Hamilton Grille
Hand & Stone Massage & Facial Spa
Harriet Pakula-Teweles
Heidi Joseph and Dave Saltzman
Helen Burton
Institute for Advanced Study
James Floyd
Jimmy Duffy Catering
Joan and Robert Levitt
Joel Tenenbaum
Judith Adler
Karen’s Creations
Katherine and Kevin McLaughlin
Katherine Klotzberger
Kitchen Kapers
Kramer Photography
Landon Jones
Lauren Davis
Leonardo’s II Restaurant
Lindt
Lucy’s Kitchen and Market
Main Street Catering
Marcia and Caesar Primus
Marriott Princeton at Forrestal
Marvin Cheiten
Mary Furey and Paul Gerard
Massage Envy of Montgomery
McCaffrey’s Food Markets
McGarter Theater
Melanie Clarke
Mercer County Park Commission
Metro North Grill
Mary and Michael Kenny
Michael’s Family Restaurant & Diner
Mistral Restaurant
Monday Morning Flowers
Nancy and Norman Klath
Nassau Inn
North End Bistro
Oives Caterers
One 53
Pia de Jong
Paul Steinhardt
Peony Pavilion
Philadelphia Flyers
Philadelphia Museum of Art
PJ’s Pancake House
Princeton Airport
Princeton Care Center
Princeton Jazz Nights
Princeton Nails
Princeton Symphony Orchestra
Princeton Tour Company
Pro Bono Partnership
Rachel Holland
Rago Arts & Auction Center
Robinson’s
Rosedale Mills
Ruth and Richard Besser
Sallie Meade
Salon 54
Salt Creek Grille
Shari Powell
Springdale Country Club
Sun National Bank Center
Teresa Azario Momo
The Daily Show with Trevor Noah
The Home Depot
The Keswick Theater
The Nassau Club
The Peacock Inn
The Ridge at Back Brook
The Spice Shop
The Whitney Museum
Thomas Sweet Chocolate
Tiger’s Tale Bar & Grill
Times of Trenton
Tina and Anthony LaPlaca
Trader Joe’s
Tre Piani
Two Divas and a Party
Viburnum
Victoria Chu Moy
Victoria Leyton
Wawa Community Care
Winberie’s Restaurant & Bar
WWFM

EVENT AND PROGRAM SPONSORS
Always Best Care Senior Services
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AW Martin Construction
Bank of America Charitable Foundation
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Brandywine Senior Living
Callaway Henderson Sotheby’s
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Cyndi Shattuck Archiving
Community Without Walls, Inc.
Copperwood
Costanza Builders Inc.
CWW, House V
Dave Saltzman Insurance
Drinker Biddle & Reath
Edward Jones Associates
EKS Associates
Ellen and Albert Stark Foundation Fund/PACF
Friends of John Cimino for Freeholder
Fulton Bank of New Jersey
Goodwill Industries
Gordon and Llura Fund
Greenwood House
Haldeman Lexus
Hamilton Jewelers
Health Trends
Hill Wallack
Hilton Realty Co.
Home Heart Beats
Homewatch Care Givers
Independent Domain
Investors Bank
Jefferson Bath and Kitchen
Jewish Family & Children Services
Julius Gross
Knox Grove Financial
Lear & Pannebacker
Lenox, Soccy, Formidoni, Giordano, Cooley, Lang & Casey
LIFE St. Francis
Maida Mackler
Mason, Griffin & Pierson
McCaffrey’s Market
McNeely, McGuigan & Esme
Mercadien Consulting
Mercedes-Benz of Princeton
Merwick Care and Rehabilitation Center
Morris Hall Meadows
Morven
Nesting Egg Home Care
New England Financial
New Jersey Manufacturers Insurance
Organize and Maintain
Payam Hanina, D.M.D.
Pidgeon & Pidgeon, P.C.
PNC Bank
Princeton Care Center
Princeton Dentistry
Princeton Design Guild

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**THANK YOU! ~ continued**

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**Whence the $ comes:**

- **Events**: 32%
- **Government**: 20%
- **Individual**: 14%
- **Program**: 13%
- **Fdn. & Corp.**: 11%
- **Other**: 10%

<table>
<thead>
<tr>
<th><strong>LOO KING AHEAD</strong></th>
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<tbody>
<tr>
<td><strong>New Book Discussion Group:</strong></td>
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<tr>
<td><strong>TAMING YOUR INNER GREMLIN</strong> by Rick Carson</td>
</tr>
<tr>
<td>Wednesdays at 10:30 a.m. beginning January 6 Facilitated by Helen Burton.</td>
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<thead>
<tr>
<th><strong>JANUARY OPERA FESTIVAL</strong></th>
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<tbody>
<tr>
<td>Every Wednesday in January at 12:30 p.m.</td>
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<tr>
<td>Look for a program list in the next edition of the PSRC Newsletter.</td>
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<table>
<thead>
<tr>
<th><strong>SPECIAL PROGRAM</strong></th>
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<tbody>
<tr>
<td>Tuesday, January 12, 2016 at 7:00 p.m.</td>
</tr>
<tr>
<td>STRATEGIES FOR YOUR FINANCIAL FUTURE</td>
</tr>
<tr>
<td>A Panel Discussion led by Jane Gore, MBA, Insight Financial Services</td>
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<thead>
<tr>
<th><strong>LUNCH and LEARN</strong></th>
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<tr>
<td>Friday, January 15</td>
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<tr>
<td>“HAPPILY AT HOME: WHAT DOES AGING IN PLACE LOOK LIKE?” with Ann King-Musza of AKIN Care Services</td>
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<thead>
<tr>
<th><strong>LUNCH and LEARN</strong></th>
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<tbody>
<tr>
<td>Friday, February 12</td>
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<tr>
<td>“IT’S OK to DIE” FILM followed by a discussion.</td>
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<thead>
<tr>
<th><strong>SPECIAL SPEAKER SERIES</strong></th>
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<tbody>
<tr>
<td>WHYY’s DR. DAN GOTTLIB</td>
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<tr>
<td>TUESDAY, FEBRUARY 23 AT 1:00 p.m. (Snow Date Friday, February 26)</td>
</tr>
<tr>
<td>“CULTIVATING COMPASSION FOR OUR AGING FAMILY MEMBERS AND OUR AGING SELVES”</td>
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<tr>
<td>Dr. Dan, as is he is known to WHYY listeners throughout the region, is the popular and insightful host of “Voices in the Family.”</td>
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<tr>
<th><strong>COMMUNITY PARTNERS</strong></th>
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<tbody>
<tr>
<td>Acorn Glen</td>
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<tr>
<td>Bear Creek Assisted Living</td>
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<tr>
<td>Bloomberg</td>
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<tr>
<td>Buckingham Place</td>
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<tr>
<td>Clare Bridge Hamilton</td>
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<td>D&amp;R Greenway</td>
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<td>Greater Mercer Ride Provide</td>
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<td>McCarter Theater</td>
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<td>Mercer County Nutrition Program</td>
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<td>Morven</td>
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<td>Princeton Adult School</td>
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<td>Princeton Community Housing</td>
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<td>Princeton Friends of Opera</td>
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<td>Princeton HealthCare Systems</td>
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<td>Princeton Health Department</td>
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<td>Princeton Housing Authority</td>
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<td>Princeton Municipality</td>
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<td>Princeton Public Library</td>
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<td>Princeton Public Schools</td>
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<td>Princeton Recreation Department</td>
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<td>Princeton Rotary</td>
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<td>Princeton University</td>
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<td>Princeton University Concerts</td>
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<tr>
<td>Rutgers School of Social Work</td>
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<td>RWJ Wellness Center</td>
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<td>Stark &amp; Stark</td>
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<tr>
<td>Stony Brook Garden Club</td>
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<tr>
<td>Stony Brook School</td>
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<td>Ying Hua International School</td>
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<td>Monday</td>
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<td>8:30 AM Yoga</td>
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<tr>
<td>9:00 AM Tai Chi</td>
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<td>9:30 AM Yoga</td>
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<td>10:00 AM Tai Chi</td>
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**Notes:**
- Most classes are held in the Princeton Senior Center.
- Check the schedule for specific times and locations.
- Please be on time for classes.
- Early Bird Aerobics:
  - Monday: 8:30 AM - 9:00 AM
  - Tuesday: 8:30 AM - 9:00 AM
Save the Date

JOIN US FOR
A SPECIAL PROGRAM
Tuesday, January 12, 2016 at 7:00 p.m.
STRATEGIES FOR YOUR FINANCIAL FUTURE
A PANEL DISCUSSION LED BY
JANE GORE, MBA, INSIGHT FINANCIAL SERVICES
Jane has been in the financial services industry for 25 years. She has focused her career on providing solutions to all aspects of her clients’ financial lives including asset allocation, retirement planning and college planning.

TOPICS AND PANELISTS:

BANKING: LUCIA STEGAU, PNC Bank
PLANNING: ELEANOR “ELLY” SZYMANSKI, CFP
ANNUITIES: JAY LA MALFA, Insight Financial
TRUSTS: FIONA VAN DYCK, Van Dyck Law
INSURANCE: DAVE SALTZMAN, DAVE Saltzman Insurance

Look for more details and registration information in the December PSRC Newsletter and on our website: princetonsenior.org

Suzanne Patterson Building
This program is co-sponsored by the Princeton Public Library