



PSRC Programs and Groups Closed Through May 1

Dear Friends,

In the midst of the difficult moments of the last few weeks, I have been trying to follow the advice of the late Jim Valvano and daily discover something new that will make me laugh, something that will make me think, and something that will make me cry. I find that in these challenging days, all three are necessary to help me reduce my anxiety and remain present with my family and present to the important work that we are doing at the Princeton Senior Resource Center.

I wanted to share three things from my day today that you may find interesting. First, I had a good laugh at this family's quarantine rendition of "One Day More" from my favorite musical, *Les Miserables*. [WATCH HERE](#).

This week, to stimulate my thinking, I am re-reading Simon Sinek's book, *Start with Why*, that helps organizations focus on their mission and purpose, the why in order to have greater clarity on the what (programs, activities, etc.).

Finally, my heart really needed this song, "You Will Be Found" from the musical Dear Evan Hansen performed for James Corden by the original cast of the musical ([WATCH HERE](#)):

"Even when the dark comes crashin' through
When you need someone to carry you
When you're broken on the ground
You will be found!

So when the sun comes streaming in
'Cause you'll reach up and you'll rise again
If you only look around
You will be found"

Yes, we are in the midst of a challenging time — and it will likely get more challenging in the days ahead. However, I also believe that the sun will rise again — and we will be found — physically together again — playing table tennis, exercising with friends, engaged in learning together, creating artwork. That date will not come, however, until after May 1, 2020. **Our offices at Spruce Circle and the Suzanne Patterson Building will remain closed and all in-person programming will be postponed through at least May 1 — with staff working remotely during that time.** We will continue to keep you updated on our re-opening as we move forward.

In the meantime, PSRC is committed to helping us remain connected virtually. I am incredibly proud of our staff and volunteers who have worked diligently to launch virtual Evergreen courses, support groups, daily chats, TED Talk discussions, FYI Seminars, and much more. We also have a dedicated social services team who is here to help you navigate these waters.

Please check out our website for all of the updates and program and social service information. Remember, we are here to walk with you as we navigate these waters together.

All the Best,
Drew Dyson

To find out about support that is available, or to help, visit our Social Services Resources web page [HERE](#).

To learn about our new upcoming virtual programs, visit our Program Resources web page [HERE](#).